



CORE TOPICS Newcastle

Wednesday 11 March 2020

Organisers: Dr Upma Misra, Sunderland, Dr Cathy Lawson, Newcastle and Tim Meek, Middlesbrough

Location: Civic Centre, Newcastle

| Programme | |
|------------------|---|
| 08:30 | Registration / tea and coffee |
| 09:20 | Welcome and introduction Dr Upma Misra, Sunderland |
| Session 1 | Chair: Dr Upma Misra, Sunderland |
| 09:30 | Don't drop the baby Dr Ceri Sutherland, Middlesbrough (substitute talk for Dr Roopa McCrossan) |
| 10:00 | Hypnosis 3J00, Domain 3 Dr Stephen Murray, Cardiologist, Newcastle |
| 10:30 | Discussion |
| 10:45 | Tea and coffee |
| Session 2 | Chair: Dr Cathy Lawson, Newcastle |
| 11:15 | Opioid reduction in the community 2E03, 3E00, Domain 3 Ms Jane Shaw, Pain Nurse, Middlesbrough |
| 11:45 | Nerve injury following regional anaesthesia 2G04, Domain 1 Dr Sean Cope, Sunderland |
| 12:15 | Discussion |
| 12:30 | Lunch |
| 13:05 | An overview of iron deficiency anaemia in the peri-operative setting – talk sponsored by Pharmacosmos Dr James Prentis and Sr Emma McCone, Lead Nurse Pre-assessment, Newcastle |
| Session 3 | Chair: Dr Upma Misra, Sunderland |
| 13:30 | Checklists: are they all they're cracked up to be? Dr Tim Meek, Middlesbrough (substitute talk for Dr Karen Bartholomew) |
| 14:00 | Low pressure headaches 2B04, 3E00, Domain 1 Dr David Butteriss, Radiologist, Newcastle |
| 14:30 | Discussion |
| 14:45 | Tea and coffee |
| Session 4 | Chair: Dr Tim Meek, Middlesbrough |
| 15:15 | Sustainability 3J00, 3J02, Domain 2 Dr Cathy Lawson, Newcastle |
| 15:45 | New approaches to general anaesthesia for caesarean delivery 2B02, Domain 1 Dr Nuala Lucas, London |
| 16:15 | Discussion |

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16:30 Close of meeting

Learning objectives

Session 1

Don't drop the baby

Dr Ceri Sutherland, Middlesbrough

- No learning objectives provided

Hypnosis 3J00, Domain 3

Dr Stephen Murray, Cardiologist, Newcastle

1. You will be aware of the current models (S132& arguments) about what hypnosis is, and why it probably doesn't matter
2. You will be able to construct some strategies to engage someone in the process of hypnosis
3. You will be able to explain some of the current theories regarding suggestion and hypnosis
4. You will be able to plan a basic set of scripts for your own clinical area to S132

Session 2

Opioid reduction in the community 2E03, 3E00, Domain 3

Ms Jane Shaw, Pain Nurse, Middlesbrough

1. What is the Opioid Situation in England
2. How Opioids can be safely reduced
3. How to engage patients with Opioid Reduction

Nerve injury following regional anaesthesia 2G04, Domain 1

Dr Sean Cope, Sunderland

1. Complications and incidence of nerve injury in peripheral regional anaesthesia
2. Causes and pathophysiology of nerve injury in regional anaesthesia
3. Management of potential nerve injury following regional anaesthesia

Session 3

Checklists: are they all they're cracked up to be?

Dr Tim Meek, Middlesbrough

1. To understand the benefits of using checklists and other cognitive aids
2. To understand some of the limitations of checklists and other cognitive aids
3. To introduce concepts of good practice in checklist design and implementation

Low pressure headaches 2B04, 3E00, Domain 1

Dr David Butteriss, Radiologist, Newcastle

1. Familiarity with the imaging findings in intracranial hypotension and spinal CSF leakage
2. Appreciation that epidural blood patching is an appropriate therapeutic intervention for spontaneous as well as iatrogenic CSF leakage and low pressure syndrome.
3. Awareness of the techniques available for further investigation and management of CSF leaks refractory to epidural blood patching.

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**Association
of Anaesthetists**

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Session 4

Sustainability 3J00, 3J02, Domain 2

Dr Cathy Lawson, Newcastle

1. What sustainability is and why sustainable anaesthesia is important
2. National sustainability projects and initiatives in Anaesthesia including how you can get involved
3. How to promote sustainability in your department

New approaches to general anaesthesia for caesarean delivery 2B02, Domain 1

Dr Nuala Lucas, London

- No learning objectives provided.

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