MENTORING DEVELOPMENT PROGRAMME

DAY ONE Tuesday 25th January 2022

Association of Anaesthetists

09.00 Welcome

09.30 What is Mentoring

10.15 *Coffee*

10.30 Overview of The Skilled Helper model, Telling the Story & Developing New Perspectives

11.10 Skills Practice Introduction

11.20 Skills Practice

12.40 Learning Review

12.50 *Lunch*

13.20 Stage 1 New Perspectives & Searching for Value

13.55 Skills Practice

15.10 Learning Review learning log

15.30 Homework and Close

MENTORING DEVELOPMENT PROGRAMME

DAY TWO Thursday 27th January 2022

Association of Anaesthetists

09.00 Welcome

09.15 Introduction to Stage 2 and Imagining

09.45 Imagining Skills Prompts Practice

10.30 Learning Review

10.40 *Coffee room*

11.05 Stage 2 – Value to Goals

11.35 Skills Practices with lunch taken as convenient (30 mins)

13.45 Review then Stage 2: Checking Goal & Commitment Testing

14.10 Skills Practice

14.35 Stage 2 Learning Review

14.45 Planning Coursework

15.15 Plenary Review

15.30 Homework and Close