

Neonatal cardiac feed and wrap free breathing 4D flow MRI is comparable to standard free breathing 2D flow assessment

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Background

- Feed and wrap is routinely used for neonatal clinical brain imaging.
- Cardiac imaging usually necessitates breath-holds and, therefore, a general anaesthetic.
- Advances in 4D flow MRI allow free-breathing cardiac assessment in 5-7 minutes.













Methods

- A dedicated MRI compatible incubator with specialized small MRI coils within the incubator allowed transfer of the sleeping baby into the scanner
- 11 healthy babies were included (4 scanned in an open-top bassinet, and 7 in the incubator)





- Images were acquired on 3Tesla MRI scanner (MAGNETOM Prisma, Siemens Healthcare GmbH, Erlangen, Germany)
- The free breathing scan protocol included: Gradient echo single shot cross-sectional imaging; standard 2D phase contrast flow imaging of the ascending aorta; prototype compressed sensing accelerated 4D flow MRI, additional free breathing binning cine imaging if baby still asleep

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Results

4D MRI is feasible....

Median scan time: Bassinet 18min [14-30min] Vs Incubator 22min [18-25min]

Completion of protocol:

Bassinet, 2/4 babies (50%) Vs Incubator, 6/6 babies (100%)

....Achievable.... 3 days of age, 2.7kg, awake, 3Tesla:



4 chamber view cine



2D flow MRI ascending aorta (at branch pulmonary arteries)





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Results

....Comparable....

Forward flow in ascending aorta 2D phase Vs 4D flow		
Mean (SD)		
2D phase (mls)	4D flow (mls)	
4.6 (±1.5)	4.5 (±1.5)	





2D flow MRI ascending aorta \uparrow

4D flow MRI anatomical aortic arch 3D reconstruction \rightarrow

....And Reproducible

Ascending aorta 4D forward flow		
Mean (SD)		
Rater 1 (mls)	Rater 2 (mls)	
4.5 (±1.5)	4.8 (±1.5)	



Intraclass correlation coefficient = 0.98 (95%CI 0.92-0.99)

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Conclusion

Neonatal feed and wrap cardiac MRI is:



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- Feasible

- 100% of babies completing the protocol in the incubator
- Achievable
 - Protocol completed in < 25 minutes and necessary images acquired
- Comparable
 - 4D flow quantification matches standard validated 2D flow free breathing imaging
- Reproducible
 - High levels of agreement between raters

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