

Scottish Society of Anaesthetists
Suggested "Anaesthetic" Cocktail List
Remote Presidential Address
23rd April 2021

The pandemic means that we have had to abandon many of our traditional meetings and look at remote delivery instead.

Our new President, **Dr David Ray**, will deliver his presidential address during the final session of our remote Spring Meeting on 23rd April 2021.

The Presidential address traditionally follows on from a drinks reception to allow us to toast the new President. After some discussion, Council thought that it would be fun to produce a short list of cocktails with an anaesthetic theme – these themes are often fairly tenuous!

This list was compiled by Dr John Donnelly – he would like to emphasise that any comments are attributable to him alone rather than to The Society. Any comments, complaints, death threats etc should be sent to him please at drjohngdonnelly@hotmail.com.

In common with good practice when producing a publication, Dr Donnelly confirms that he has no conflicts of interest, although it has been suggested that "he likes a bucket"!

The "long suffering" Mrs D expressed some concerns until she was offered the position of "official taster".

Finally, Dr Donnelly would confirm that The Society would only endorse the responsible use of alcohol.



"Sux" on the beach

50ml vodka
 25ml peach schnapps
 2 oranges, juiced, + 2 slices to garnish
 50ml cranberry juice
 Glacé cherries, to garnish (optional)

Pour the vodka, peach schnapps & fruit juices into a large jug & stir
 Pour over ice in a tall glass & stir gently to combine
 Garnish with the cocktail cherries & orange slices



General Duties Cocktails

Safe "Sux" on the beach an alcohol free alternative

120 ml cranberry juice
 120ml pineapple juice
 45ml peach nectar

Fill a tall glass with ice cubes
 Pour the fruit juices into a large jug & stir



"Propofol" Spritz

1 slice orange
 Ice
 90 ml prosecco
 60 ml Aperol
 Dash of Club soda

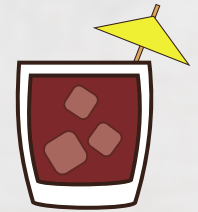
Add ice & slice of orange to a tall glass
 Pour over the prosecco then
 Aperol Add a splash of soda



Painkiller

60 ml rum (navy or dark)
 120 ml pineapple juice
 30 ml orange juice
 30 ml cream of coconut
 Grated nutmeg, garnish
 Pineapple wedge, garnish

Pour the rum, pineapple juice, orange juice, & cream of coconut into a cocktail shaker filled with ice
 Shake well
 Strain into a chilled highball glass filled with fresh ice
 Garnish with a pineapple wedge and sprinkle the Painkiller with grated nutmeg on top



Margarita (Stockwell)

Optional: lime for rimming glass
 Optional: salt or sugar for rimming glass
 50 ml tequila
 30 ml triple sec (Cointreau)
 30 ml lime juice (fresh)
 Garnish: lime wedge



Wet the rim of a cocktail or margarita glass with a lime wedge, then dip or roll it in a small dish of salt or sugar
 Pour the tequila, triple sec, and lime juice into a cocktail shaker filled with ice cubes
 Shake well
 Strain into the prepared glass with or without fresh ice
 Garnish with a wedge of lime

History of Anaesthesia- a tribute to a much-loved Past President

Penicillin

45 ml blended Scotch whisky
 15 ml ginger liqueur
 10 ml Islay single malt Scotch whisky
 20 ml freshly squeezed lemon juice
 20 ml honey syrup (3 honey:1 water)

Pour all ingredients into an ice-filled cocktail shaker. Shake well
 Strain into an ice-filled glass



Airway Management - airway enthusiasts may wish to consider the following?

Whisky Mac(intosh blade)

45 ml scotch whisky (traditionally blended whisky)
 45 ml green ginger wine

Pour whisky and ginger wine into a wine goblet (no ice)
 Stir well

(A hot version can also be made, akin to a "hot toddy", by the addition of hot water - perhaps best suited for the common cold or even the afternoon after the morning after the night before?)

Sidecar(diac output)

2 oz Cognac
 3/4 oz Lemon juice
 3/4 oz Triple sec

Pour all ingredients into cocktail shaker filled with ice.
 Shake well and strain into cocktail glass.

Served straight without ice

Critical Care - intensivists and ALS instructors may wish to sample the following?



ECMOjito

1 1/2 oz White rum,
 1 oz Fresh lime juice,
 2 teaspoons Sugar,
 6 leaves of Mint,
 Soda Water

Mint sprigs muddled with sugar & lime juice.
 Rum added & topped with soda water. Garnished with sprig of mint leaves.
 Served on the rocks, pour over ice